

Heritage Academy

Tips for Test Preparation

Here are some general suggestions for helping your student become prepared for the Stanford Achievement Test:

- Historically, working diligently, consistently, and attentively through a credible curriculum has been considered the best preparation for Achievement Tests.
- The main difference between home or classroom testing and Achievement Testing is that the latter uses only multiple choice questions – even for math, spelling, grammar, and mechanics. Having a student mentally and practically prepared to encounter the multiple-choice format could ease nervousness.
- You may want to familiarize your student with what a scantron answer sheet is and how it works. If your student has never used one before, he or she might find it a little bit distracting if the first time they take the Stanford is also the first time they encounter one of these answer sheets.
- Counsel your student not to excessively focus on questions that he/she finds difficult. Since the Stanford allows some flexibility on timing, he/she can do the easier questions and then come back to the more challenging ones.
- BJU Press does sell Stanford Achievement Test Practice Questions.
- Tools like ALEXS.com offer effective methods for strengthening math skills.
- Reading stories or short magazine articles with your student and then asking key questions stimulates comprehension.
- Flashcards provide great for review of key facts in all subjects.
- Good sleep, good exercise, and a well-balanced diet promote academic achievement.
- Calmly discuss the purpose of Achievement Testing with your student well in advance of the testing week.
- In your daily family prayer time, ask the Lord to bless your student with peace and a clear mind during testing. Also remind him/her to pray for wisdom, discernment, and calmness during the test.

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